An Insight into Past Life Regression Therapy

with

Andy Tomlinson and Reena Kumarasingham

of the Past Life Regression Academy

www.regressionacademy.com

One Day Seminar, Saturday 16th October 2010, Wellington Cost $100

This seminar is aimed at therapists and those interested in regression therapy training and includes

- An introduction to Past Life Regression Therapy and Life Between Lives Regression.
- A demonstration of past life regression and the use of body therapy.

About Past Life Regression Therapy

Within each of us reside the events and memories of past lives. A migraine, chronic lower back pain or knee problem may be telling a story from an old accident or wound. A chronic sore throat may derive from strangling, hanging or choking. As the soul returns to life over and over, these traumatic memories are re-created, often making little sense in the context of the present life and keeping us from living peaceful lives. They emerge as obsessions, recurring relationship problems, nightmares, anger, depression, sadness, panic attacks and unexplained physical pains. Past Life Regression Therapy transforms these together with problems from our current life in one comprehensive process.

We are all energy. In our energy field we can accumulate intrusive energy. This can be a disturbing thought, a negative emotion projected by other people or various other types of energy. Various techniques enable this energy to be quickly released.

Life Between Lives Regression is based on the research of Dr Michael Newton author of Journey of Souls and enables clients to consciously experience their soul memories between one live and the next using deep hypnosis. This includes meeting spirit guides, soul groups and wise spirits of light who help plan each life. Also included is the process of the physical body selection for this life and the soul’s integration with the physical body prior to birth.

“I did one last year and it was MIND BLOWING!!!
Fascinating, fun, insightful and amazing! What more recommendation do you need!”

Kerrie Hanafin – Managing Director of A Woman’s Touch
Andy Tomlinson is an acknowledged international reincarnation pioneer. He is a psychology graduate, registered psychotherapist, hypnotherapist and regression therapist. Andy is a certified Past Life Therapist with the International Board of Regression Therapy, and a certified Life between Lives therapist with the Michael Newton institute. His books include *Exploring the Eternal Soul* and *Healing the Eternal Soul*, both of which have made a major contribution to field of regression. Andy is a founder member of the European Association of Regression therapy and Spiritual Regression Therapy Association, and principal trainer for the Past Life Regression Academy. He is known for his entertaining talks.

Reena Kumarasingham is a psychology graduate, and certified hypnotherapist, neuro-linguistic programming practitioner and regression therapist. She is the Director of Divine Aspect that has a vision of totally empowering people as they journey towards embracing and honouring their own authentic being. Reena is also the creator of Divine Essence that offers a range of transformation oils for emotional and energetic enhancement. She lives in Singapore.

**When:**
Saturday 16th October 2010, registration from 9am, start 10am, finish 5pm

**Cost:**
$100 (incl. GST) per person – places confirmed on full payment.

**What to bring with you:**
Comfortable clothes, note paper and pen. Bring your own lunch or there are cafes close by. Morning and afternoon tea will be provided.

**Location:**
Theosophical Society Hall, 19 Marion Street, Wellington City

**Parking:**
While street parking is limited to 2 hours on Saturdays, there is a council parking building across the road from the venue which is $4 per day on the weekend.

**Accommodation:**
For travellers from out of town, there is a range of options within walking distance of the venue in Cuba St, Wakefield St and Willis St.